

## BRNW Camp Daily Schedule - Layover Day

Rev. 10/23

	Begin	End
<b>MORNING CAMP</b>		
Coffee/hot water	5:30 AM	8:00 AM
Waterbar 3: 4 -spout + Gatorade	6:30 AM	Overnight
Sinks available (no showers)	7:00 AM	8:30 AM
Breakfast	7:00 AM	8:00 AM
Dishwashing station	7:00 AM	8:15 AM
Bike mechanics in camp	7:00 AM	9:00 AM
Waterbar 1: 6-spout	Overnight	Overnight
Waterbar 2: 6-spout	Overnight	Overnight
Course start	8:00 AM	9:00 AM
<b>ON THE ROUTE</b>		
SAG support	8:00 AM	TBD
Toilet stop	8:00 AM	9:30 AM
Water at toilet stop	8:00 AM	10:00 AM
Rest Stop 1	8:00 AM	11:30 AM
Bike mechanic at RS1	8:00 AM	11:30 AM
Rest Stop 2 (if used)	10:00 AM	1:30 PM
Bike mechanic at RS2 (if used)	10:00 AM	1:30 PM
Water/sign pickup	10:00 AM	3:00 PM
<b>ALL-DAY CAMP</b>		
Acupuncture available	8:00 AM	6:00 PM
Camp Central services	9:00 AM	6:00 PM
Massage appointments available	9:00 AM	9:30 PM
Camp Central beverages	11:00 AM	9:00 PM
Camp Central snacks	11:00 AM	5:00 PM
Lunch (dependent on town)	Noon	4:00 PM
Coffee/hot water	Noon	4:00 PM
Dishwashing station	Noon	4:30 PM
Showers	Noon	9:00 PM
Towels at shower truck	Noon	9:00 PM
Retail open (@Camp Central)	2:00 PM	6:00 PM
Gear bags from rest stops	4:00 PM	5:00 PM
Afternoon entertainment (option)	4:00 PM	5:00 PM
Yoga	4:00 PM	4:45 PM
<b>EVENING CAMP</b>		
Dinner	6:00 PM	7:00 PM
Coffee/hot water	6:00 PM	7:00 PM
Dishwashing station	6:00 PM	7:30 PM
Announcements	7:00 PM	7:30 PM
Evening entertainment	7:30 PM	9:00 PM